



EUG2016 TECHNICAL HANDBOOK **TABLE TENNIS** **PARA TABLE** **TENNIS**



Zagreb • Rijeka 2016
EUROPEAN UNIVERSITIES GAMES

EUSA

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Message from the Competition Commission Chair



Mr Aitor Canibe-Sanchez
EUSA Executive Committee Member

Dear friends of sport,

I am very happy and excited to welcome you to the 3rd edition of the European Universities Games here in Zagreb and Rijeka. This edition is the biggest one in history of EUSA, with more than 5.700 participants taking part in 21 sports, two of them (Swimming and Table Tennis) also for students with disabilities. This is an important step forward in our sport program!

EUSA and the Organising Committee prepared the conditions for sport competitions on high level, letting you excel in your sports.

Almost 900 university teams from 41 countries will compete for gold medals. Although only few will get it, all the teams can be winners – winners of playing fair with the respect of their opponents and referees on the playing ground, the officials and spectators present in the venues. EUSA strongly supports the Fair Play ideology and competition,

and competition without doping!

My wish is to come to the end of the Games with 900 winning teams, winners of Fair play.





Message from the OC Sports Director



Mrs Danira Bilic
OC Sports Director

Dear participants and sports friends,

On behalf of the EUG 2016 Committee for sport, I would like to extend a warm welcome to all of you to the 3rd European University Games held in Zagreb and Rijeka.

We have been preparing and promoting these Games throughout the last two years in order to ensure the best conditions possible. It is my honor to be able to say that this year, for the first time, we have included para sports in two disciplines, para table tennis and para swimming.

In cooperation with OC Technical Delegates, we prepared the most important data about each sport in Zagreb and Rijeka as well as data about demonstrative sports and para sports.

This Brochure contains all information you might need, so I hope you find it useful.

Under our motto "Heart believes – Mind achieves", I wish you success, fair play and especially lots of new friendships and memories. I hope you will also enjoy Zagreb and Rijeka and everything they have to offer.

Good luck to everyone!

Message from the EUSA Technical Delegate – Table Tennis and Para Table Tennis



Mr Andrzej Hrehorowicz
EUSA Technical Delegate Table Tennis

Dear Table Tennis friends,

I am happy and it is my honour to be EUSA Technical Delegate at the 3rd European Universiade and the 10th Table Tennis Championship here in Zagreb, Croatia!

Together with my colleague Ekaterina Ovsianikova from Russia, we are looking forward to a week of challenging competitions.

The teams for sure will perform at their best, compete in a fair play manner, respect the rules and their opponents and get support from the spectators and fans. Participants will make new friends and by that will help to lower barriers between their nations and societies. Our tournament is developing very quickly, and today we have a record number of participants. Table Tennis is one of the most important events in EUSA. We started in 2007 in Ostrava, and today we are in Zagreb. Thank you for your participation because your taking part in this tournament has created this success.



Message from the OC Technical Delegate – Table Tennis

I would like to express my thanks to the Organising Committee and the local authorities and for everyone who supports our tournament.

I wish everybody a successful tournament, a good result and a sporting fair-play atmosphere.



Mr Renato Cengic
OC Technical Delegate Table Tennis

Dear Sport Friends, Table Tennis Players, Coaches and Guests – Welcome to the European Universities Games Zagreb – Rijeka 2016!

The Croatian Table Tennis Association as the organiser of the table tennis competition will make sure that the table tennis competition runs smoothly and efficiently and that all the players feel comfortable in competition and training halls.

We wish that you experience great atmosphere on the competition, make new and lasting friendships and most of all that you enjoy playing this great sport that we all love and value. Zagreb is a wonderful city from where you will surely take away dear and valuable memories.

We wish you all success and that you enjoy your participation at the European Universities Games Zagreb – Rijeka 2016!



Message from the OC Technical Delegate – Para Table Tennis



Mr Dragan Rakic
OC Technical Delegate
Para Table Tennis

Dear Athletes,

First time in history of University Games Para Table Tennis will be included into competition. Para Table Tennis will be played in Hall of Sports from July, 19-23.

We will have players from five countries:

France, Macedonia, Slovenia, Slovakia and Croatia.

We will do our best to be good host for all participants with disability.

I wish you all good luck.

Fair play

Fair play is deeply embedded in the values of EUSA. The objective of promotion and encouragement of Fair Play is set already in the statutes of EUSA, as part of the core objectives of the organisation. Partnership with the European Fair Play Movement in 2013 proves this even more. Since 2007, EUSA announces the best gesture of fair play in its sports event for the current year and awards the winners the special fair play recognition, Enno Harms Fair Play Award, named after the first EUSA President, very much devoted to fair play.

During each of the EUSA sporting event, the organisers, EUSA representatives and technical delegates pay special attention to the fair play gestures and attitude. At every sports event a part of the protocol is the oath of the athletes and officials, which includes respecting fair-play.

In some team sports, the athletes demonstrating fair play during the matches, following the rules and pursuing a “clean” game are awarded with a fair play recognition already during the event. The prestigious annual EUSA Enno Harms Fair Play Award, though, is awarded to the best example of fair play, for the individual’s or team’s mentality and actions which stand out the most.

EUSA Executive Committee members on its last meeting in a year discuss the proposals received from all sporting events governed by EUSA in that year and select the team or individual to receive the annual fair play award which is formally handed to them at a special occasion – usually at an EUSA Gala event.



Anti-Doping Policy



Doping is not a guarantee of success in sport. In fact, its effect is usually the opposite. A lot of elite sportsmen and sportswomen who did doping got caught. As a result, they lost pride and were banned for at least 2 years from participating in a sport they loved and lived for. An even bigger problem of doping are the effects on the body.

In elite sports, doping is defined as a violation of one or more anti-doping rules:

- 1 Presence of a prohibited substance in an athlete's sample**
- 2 Use or attempted use of a prohibited substance or method**
- 3 Refusing to submit sample collection after being notified**
- 4 Failure to file athlete whereabouts information & missed tests**
- 5 Tampering with any part of the doping control process**
- 6 Possession of a prohibited substance or method**

7 Trafficking a prohibited substance or method

8 Administering or attempting to administer a prohibited substance or method to an athlete

You can find the list of prohibited substances and methods on the internet. It's updated every year by the World Anti-Doping Agency (WADA) and it's valid for every sport. You should check every substance you are taking. Athletes need to completely avoid steroids, erythropoietin (EPO), stimulants, human growth hormone (HGH), marijuana and narcotics, and pay special attention also to dietary or nutritional supplements.

EUSA is active in Anti-Doping promotion, and has been a partner in the European Anti-Doping Initiative (EADI), project aimed at establishing an European-wide Anti-Doping mentality in the youth sector by establishing a moral tenor towards concepts such as Fair-play, sensitizing and raising awareness on all levels of the

complex social environment surrounding the doping problematic and implementing strategies to motivate young people to pass on the message and create a strong multiplying effect. Also the International University Sport Federation (FISU) has been actively promoting sports without drugs, also on university sport level.

EUSA is currently not enforcing doping tests at our events. In accordance with the national legislation of the host countries, however, doping controls may be implemented by the National Anti-Doping Agencies. If such doping tests are executed, the WADA rules and regulations are applicable to all athletes. Please remember that testing can be conducted in-competition and out-of-competition. If you are identified in a Registered Testing Pool (RTP), you must provide current and accurate whereabouts information.

What can you do to be an excellent sportsman or sportswoman?

- **Practise right and live healthy**
- **Get more information about consequences of Doping**
- **Play fair and be a good role model to younger athletes**
- **BE COMMITTED TO SPORT WITHOUT DOPING**

Doping? No, thanks!



About Table Tennis in Croatia

Table tennis beginnings in Croatia date back to 1902 in the public library in Donji Miholjac. After World War I table tennis started to be very popular in cities of Zagreb, Cakovec, Sisak, Sibenik and Karlovac where first clubs originated. In 1926 Opatija hosted the first international championship and in 1929 Zagreb did the same.

Croatian Table Tennis Association was founded in 1939 in Zagreb and held 13 members at the time. Today's table tennis in Croatia, which has been officially acknowledged by ITTF in 1991, is the continuation of tradition and results of Croatian table tennis players that have been extremely successful participating on World Championships by winning 4 gold, 14 silver and 28 bronze medals and on European Championships by winning 16 gold, 20 silver and 42 bronze medals. Further on, 14 gold, 9 silver and 3 bronze medals were won on Mediterranean Games while the World Cup was won twice in the category men's singles.

Croatian junior boys and girls won 20 gold, 20 silver and 32 bronze medals, while cadet boys and girls won 14 gold, 2 silver and 21 bronze medals at the European Youth Championships. Croatian clubs managed to win the European Champions Cup five times and three times the European Fair Cities Cup.

The most famous Croatian table tennis players that left significant mark on World and European Championships as well as table tennis in general were the following: Zarko Dolinar, Dragutin Surbek, Anton Stipancic, Zoran Primorac, Andrej Gacina and female players Branka Batinic and Tamara Boros.

About Para Table Tennis in Croatia

Croatian Para Table Tennis Association for disabled was founded on August 5, 2006.

Although its origins date back to a 1994.

Association is base developing and advancing Para Table Tennis for people with disabilities.

The best Croatian male player ever is Dragan Rakic, European Champion and World vice-champion.

The best Croatian female player ever is Sandra Paovic, European and World champion.

She is expected to be Paralympic champion.

„Experience shows that people with disabilities easier integrate into the life courses throughout a variety of sports and sports activities“.





About EUSA Table Tennis

European Universities Champions in the past EUSA events:

	Year	Men Competition		Place of the event
EUC	2007	Russian State University of Physical Education, Sport, Youth and Tourism	RUS	Ostrava (CZE)
EUC	2008	London Metropolitan University	GBR	Latina (ITA)
EUC	2009	Orenburg State University	RUS	Nis (SRB)
EUC	2010	Orenburg State University	RUS	Kazan (RUS)
EUC	2011	University of Jozef Rusiecki	POL	Madeira (POR)
EUG	2012	Rzeszow University of Technology	POL	Cordoba (ESP)
EUC	2013	Rzeszow University of Technology	POL	Zonguldak (TUR)
EUG	2014	Russian State University for the Humanities	RUS	Rotterdam (NED)
EUC	2015	Rzeszow University of Technology	POL	Geneva (SUI)

	Year	Women Competition		Place of the event
EUC	2007	Russian State University of Physical Education, Sport, Youth and Tourism	RUS	Ostrava (CZE)
EUC	2008	Jan Dlugosz University in Czestochowa	POL	Latina (ITA)
EUC	2009	Jan Dlugosz University in Czestochowa	POL	Nis (SRB)
EUC	2010	Russian State University for the Humanities	RUS	Kazan (RUS)
EUC	2011	Kazan Federal University	RUS	Madeira (POR)
EUG	2012	Russian State University for the Humanities	RUS	Cordoba (ESP)
EUC	2013	Kazan Volga Federal University	RUS	Zonguldak (TUR)
EUG	2014	Institute of Economics Management and Law Kazan	RUS	Rotterdam (NED)
EUC	2015	Institute of Economics, Management and Law Kazan	RUS	Geneva (SUI)

EUC – European Universities Championship

EUG – European Universities Games