

EUG2016 TECHNICAL HANDBOOK **ROWING**



Zagreb • Rijeka 2016
EUROPEAN UNIVERSITIES GAMES

EUSA

EUG2016
TECHNICAL
HANDBOOK
ROWING





Message from the EUSA Technical Delegate – Rowing



Agata Masalska-Pawlak
TD rowing

Dear rowing friends,

On behalf of the European University Sports Association, it is a pleasure and honor for me to welcome you to Zagreb in occasion of the 3rd European University Games 2016.

This academic sport event would not be complete without rowing, university sport par excellence. Especially here in Zagreb –the city with the biggest rowing center in Croatia and a long rowing tradition. Zagreb was already a host city of some major student rowing championships like the 1987 Summer Universiade, World University Rowing Championships 1998, European Universities Rowing Championships 2008. It is a great feeling to gather again young high-level athletes at another international rowing event in Zagreb.

I am convinced that the Organizing Committee members and all the partners have been working with

enthusiasm and passion to provide the best possible conditions for the event. Thanks to their strong involvement the rowing championship during the 3rd European Universities Games will be an outstanding success. I believe that the three day competition will be an exciting spectacle and a great sporting experience for all participants.

I wish you all a good contest, high-speed racing and lasting memory of this championship.



Message from the OC Technical Delegate – Rowing



Josip Kostelic

Dear participants of the 3rd edition of the European Universities Games,

Welcome to the city of Zagreb. The Rowing University of Zagreb has a long tradition and we can say that it goes back to the very beginnings of rowing in Zagreb when duels were held each year with crews of universities from neighbor countries and cities.

On behalf of the organizers of the 3rd EUG I wish all the participants the best of luck and let the best rower win.

Enjoy your time and have fun in Zagreb.

Kind regards

Fair play

Fair play is deeply embedded in the values of EUSA. The objective of promotion and encouragement of Fair Play is set already in the statutes of EUSA, as part of the core objectives of the organisation. Partnership with the European Fair Play Movement in 2013 proves this even more. Since 2007, EUSA announces the best gesture of fair play in its sports event for the current year and awards the winners the special fair play recognition, Enno Harms Fair Play Award, named after the first EUSA President, very much devoted to fair play.

During each of the EUSA sporting event, the organisers, EUSA representatives and technical delegates pay special attention to the fair play gestures and attitude. At every sports event a part of the protocol is the oath of the athletes and officials, which includes respecting fair-play.

In some team sports, the athletes demonstrating fair play during the matches, following the rules and pursuing a “clean” game are awarded with a fair play recognition already during the event. The prestigious annual EUSA Enno Harms Fair Play Award, though, is awarded to the best example of fair play, for the individual’s or team’s mentality and actions which stand out the most.

EUSA Executive Committee members on its last meeting in a year discuss the proposals received from all sporting events governed by EUSA in that year and select the team or individual to receive the annual fair play award which is formally handed to them at a special occasion – usually at an EUSA Gala event.



Anti-Doping Policy



Doping is not a guarantee of success in sport. In fact, its effect is usually the opposite. A lot of elite sportsmen and sportswomen who did doping got caught. As a result, they lost pride and were banned for at least 2 years from participating in a sport they loved and lived for. An even bigger problem of doping are the effects on the body.

In elite sports, doping is defined as a violation of one or more anti-doping rules:

- 1 Presence of a prohibited substance in an athlete's sample**
- 2 Use or attempted use of a prohibited substance or method**
- 3 Refusing to submit sample collection after being notified**
- 4 Failure to file athlete whereabouts information & missed tests**
- 5 Tampering with any part of the doping control process**
- 6 Possession of a prohibited substance or method**

7 Trafficking a prohibited substance or method

8 Administering or attempting to administer a prohibited substance or method to an athlete

You can find the list of prohibited substances and methods on the internet. It's updated every year by the World Anti-Doping Agency (WADA) and it's valid for every sport. You should check every substance you are taking. Athletes need to completely avoid steroids, erythropoietin (EPO), stimulants, human growth hormone (HGH), marijuana and narcotics, and pay special attention also to dietary or nutritional supplements.

EUSA is active in Anti-Doping promotion, and has been a partner in the European Anti-Doping Initiative (EADI), project aimed at establishing an European-wide Anti-Doping mentality in the youth sector by establishing a moral tenor towards concepts such as Fair-play, sensitizing and raising awareness on all levels of the

complex social environment surrounding the doping problematic and implementing strategies to motivate young people to pass on the message and create a strong multiplying effect. Also the International University Sport Federation (FISU) has been actively promoting sports without drugs, also on university sport level.

EUSA is currently not enforcing doping tests at our events. In accordance with the national legislation of the host countries, however, doping controls may be implemented by the National Anti-Doping Agencies. If such doping tests are executed, the WADA rules and regulations are applicable to all athletes. Please remember that testing can be conducted in-competition and out-of-competition. If you are identified in a Registered Testing Pool (RTP), you must provide current and accurate whereabouts information.

What can you do to be an excellent sportsman or sportswoman?

- **Practise right and live healthy**
- **Get more information about consequences of Doping**
- **Play fair and be a good role model to younger athletes**
- **BE COMMITTED TO SPORT WITHOUT DOPING**

Doping? No, thanks!



About Rowing in Croatia and Zagreb

Student rowers initiating organization of university rowing by University Race of Eights in 1996, when 8 crews from the University of Zagreb were competing, and for several years after URE becomes the cult regatta with over fifty crews of eights, crew from all over Europe with preformance of university crew from the USA. Zagreb becomes the center of university rowing and helps in starting the university regattas Sveti Duje in Split, Semper Primus in Dubrovnik, Memorial Boris Polic in Omisalj and organization of regattas in the neighboring countries.

Thanks to the University Race of Eights, Zagreb gets host in the 1998 World University Rowing Championship and 2008.

The University of Zagreb hosted the 4th European Universities Rowing Championship. The victory in the double sculls was achieved by the upcoming Olympic medalist Valent Sinkovic and Damir Martin (The Faculty of Kinesiology, University of

Zagreb), whose speed record (6:28) wasn't shot down until today.

The most important date of student rowing development in Zagreb is the Universiade year 1987, when it was completed the construction of the rowing center Jarun, and on the opening of the rowing course

the university crew of Cambridge, Oxford, Belgrade and Zagreb rowed and it was attended by 60,000 spectators. Faculty of Mechanical Engineering, started in 1992 to maintain race of technical universities in Croatia that takes place continuously and today in the beginning of every academic year.





About EUSA Rowing

| | | |
|---------|------|--|
| 1st EUC | 2005 | Cardiff, United Kingdom: July 22-24 |
| 2nd EUC | 2006 | Brive, France: September 1-2 |
| 3rd EUC | 2007 | Girona/Banyoles, Spain: September 6-8 |
| 4th EUC | 2008 | Zagreb, Croatia: August 28-30 |
| 5th EUC | 2009 | Kruszwica, Poland; September 2-5 |
| 6th EUC | 2010 | Amsterdam, the Netherlands: August 19-22 |
| 7th EUC | 2011 | Moscow, Russia: August 30 - September 2 |
| 8th EUC | 2013 | Poznan, Poland: September 5-8 |
| 9th EUC | 2015 | Hannover, Germany: September 9-12 |
| | | |
| 1st EUG | 2014 | Rotterdam, the Netherlands: July 24-August 8 |

EUC – European Universities Championship
EUG – European Universities Games





Competition and training venue



| | |
|--------------------|-----------------------------------|
| Location | Jarun, Zagreb |
| Address | Jarun bb, 10 000 Zagreb |
| Use in 2016 | Rowing – competition and training |
| Capacity | 3,000 seats |

| Distance to the venue | Athletes | EUSA TD Referees | EUSA offic. VIP |
|-----------------------|----------|------------------|-----------------|
| km | 2,7 | 5,7 | 5 |
| min | 8 | 12 | 10 |

Sport Equipment and Material

Rowboats
(possible to borrow, modality TBC)



Transportation



Line

L2



ROWING

Stjepan Radić • ŠRC Jarun

| S. Radić | | ŠRC Jarun | |
|-------------|-----|-----------|-----|
| 11.07. only | | | |
| h | min | h | min |
| 8 | 10 | 8 | 30 |
| 9 | 10 | 9 | 30 |
| 10 | 10 | 10 | 30 |
| 11 | 10 | 11 | 30 |
| 12 | 10 | 12 | 30 |
| 13 | 10 | 13 | 30 |
| 14 | 10 | 14 | 30 |
| 15 | 10 | 15 | 30 |
| 16 | 10 | 16 | 30 |
| 17 | 10 | 17 | 30 |
| 18 | 10 | 18 | 30 |
| 19 | 10 | 19 | 30 |
| 20 | 10 | 20 | 30 |

| S. Radić | | | ŠRC Jarun | | |
|-------------|-----|----|-----------|-----|----|
| 12.07. only | | | | | |
| h | min | | h | min | |
| 6 | 10 | 40 | 6 | 25 | 55 |
| 7 | 10 | 40 | 7 | 25 | 55 |
| 8 | 10 | 40 | 8 | 25 | 55 |
| 9 | 10 | 40 | 9 | 25 | 55 |
| 10 | 10 | 40 | 10 | 25 | 55 |
| 11 | 10 | 40 | 11 | 25 | 55 |
| 12 | 10 | 40 | 12 | 25 | 55 |
| 13 | 10 | 40 | 13 | 25 | 55 |
| 14 | 10 | 40 | 14 | 25 | 55 |
| 15 | 10 | 40 | 15 | 25 | 55 |
| 16 | 10 | 40 | 16 | 25 | 55 |
| 17 | 10 | 40 | 17 | 25 | 55 |
| 18 | 10 | 40 | 18 | 25 | 55 |
| 19 | 10 | 40 | 19 | 25 | 55 |
| 20 | 10 | 40 | 20 | 25 | 55 |
| 21 | 10 | | 21 | 25 | |

| S. Radić | | ŠRC Jarun | |
|-------------|-------|-----------|-------|
| 13.07. only | | | |
| h | min | h | min |
| 6 | 10 40 | 6 | 25 55 |
| 7 | 10 40 | 7 | 25 55 |
| 8 | 10 40 | 8 | 25 55 |
| 9 | 10 40 | 9 | 25 55 |
| 10 | 10 40 | 10 | 25 55 |
| 11 | 10 40 | 11 | 25 55 |
| 12 | 10 40 | 12 | 25 55 |
| 13 | 10 40 | 13 | 25 55 |
| 14 | 10 40 | 14 | 25 55 |
| 15 | 10 40 | 15 | 25 55 |
| 16 | 10 40 | 16 | 25 55 |
| 17 | 10 | 17 | 25 |

| S. Radić | | | ŠRC Jarun | | |
|-------------|-----|----|-----------|-----|----|
| 14.07. only | | | | | |
| h | min | | h | min | |
| 6 | 10 | 40 | 6 | 25 | 55 |
| 7 | 10 | 40 | 7 | 25 | 55 |
| 8 | 10 | 40 | 8 | 25 | 55 |
| 9 | 10 | 40 | 9 | 25 | 55 |
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| 14 | 10 | 40 | 14 | 25 | 55 |
| 15 | 10 | 40 | 15 | 25 | 55 |
| 16 | 10 | 40 | 16 | 25 | 55 |
| 17 | 10 | 40 | 17 | 25 | 55 |
| 18 | 10 | 40 | 18 | 25 | 55 |
| 19 | 10 | 40 | 19 | 25 | 55 |
| 20 | 10 | 40 | 20 | 25 | 55 |
| 21 | 10 | | 21 | 25 | |



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EUROPEAN UNIVERSITIES GAMES

EUUSA





Rules and Regulations

Competition will be held following the EUSA document "Rules and Regulations for the European Universities Games 2016".

The organization of the EUG Rowing shall be mainly based on the most recent Technical Regulations of International Rowing Federation (FISA).



Competition Commission Rowing

| | |
|---------------|---|
| Chair | Mr Lorenz Ursprung, EUSA Treasurer |
| Member | Mrs Agata Masalska-Pawlak, EUSA Technical Delegate Rowing |
| Member | Mr Josip Kostelic, OC Technical Delegate Rowing |
| Member | Mr Goran Fruk, OC Technical Delegate Assistant |





Participating Universities

| | |
|---------|--|
| Austria | University of Linz |
| Austria | University of Vienna |
| Belarus | Belarusian State University of Physical Culture |
| Belarus | Francisk Skorina Gomel State University |
| Belarus | Polotsk State University |
| Croatia | College of Applied Sciences Lavoslav Ruzicka in Vukovar |
| Croatia | Rochester Institute of Technology Croatia |
| Croatia | University of Rijeka |
| Croatia | University of Split |
| Croatia | University of Zagreb |
| Denmark | Aalborg University |
| Estonia | Tallinn University of Technology |
| Estonia | University Tartu |
| Finland | University of Eastern Finland |
| Finland | University of Tampere |
| Finland | University of Turku |
| France | Occupational Therapy Institute of Lorraine Champagne-Ardenne |
| France | University of Lorraine |
| Germany | German Sport University Cologne |
| Germany | Karlsruhe Institute of Technology |
| Germany | Leibniz University of Hanover |
| Germany | Rhine-Westphalia Institute of Technology Aachen |
| Germany | Technical University of Munich |
| Germany | University of Applied Sciences Wiesbaden |
| Germany | University of Bremen |
| Germany | University of Hamburg |
| Germany | University of Heidelberg |

| | |
|--------------------|--|
| Germany | University of Kiel |
| Germany | University of Munster |
| Germany | University of Wurzburg |
| Hungary | Budapest University of Technology and Economics |
| Hungary | Szechenyi Istvan University |
| Hungary | University of Physical Education |
| Lithuania | Kaunas University of Technology |
| Lithuania | Klaipeda University |
| Lithuania | Vilnius Gediminas Technical University |
| Lithuania | Vytautas Magnus University |
| Netherlands | Delft University of Technology |
| Netherlands | Erasmus University Rotterdam |
| Netherlands | Radboud University Nijmegen |
| Netherlands | University of Amsterdam |
| Netherlands | University of Groningen |
| Netherlands | University of Twente |
| Norway | Norwegian University of Science and Technology |
| Poland | Kazimierz Wielki University in Bydgoszcz |
| Poland | Poznan University of Technology |
| Poland | Wroclaw University of Technology |
| Portugal | Polytechnic Institute of Porto |
| Portugal | University of Porto |
| Russian Federation | Pavlov First St. Petersburg State Medical University |
| Serbia | University of Novi Sad |
| Slovakia | Comenius University |
| Slovenia | University of Ljubljana |
| Switzerland | Bern University of Applied Sciences |



| | |
|----------------|---|
| Switzerland | Swiss Federal Institute of Technology in Zurich |
| Switzerland | Swiss Federal Institute of Technology Lausanne |
| Switzerland | Technical University Rapperswil |
| Switzerland | University of Applied Sciences HTW Chur |
| Switzerland | University of Basel |
| Switzerland | University of Bern |
| Switzerland | University of Lausanne |
| Switzerland | University of Lucerne |
| Switzerland | University of Neuchatel |
| Switzerland | University of Zurich |
| Turkey | Koc University |
| United Kingdom | British Universities & Colleges Sport |
| United Kingdom | Durham University |
| United Kingdom | Loughborough University |
| United Kingdom | Newcastle University |
| United Kingdom | Nottingham Trent University |
| United Kingdom | Oxford Brookes University |
| United Kingdom | Queen's University Belfast |
| United Kingdom | Reading University |
| United Kingdom | University of Bath |
| United Kingdom | University of Bristol |
| United Kingdom | University of Cambridge |
| United Kingdom | University of Edinburgh |
| United Kingdom | University of Glasgow |
| United Kingdom | University of London |
| United Kingdom | University of Nottingham |
| United Kingdom | University of Oxford |

REFEREE LIST

Bojan Dejanovic
Duro Ljubic
Fabio Bolcic
Filip Rendulic
Ivan Vucina
Judit Meszoras
Kresimir Labura
Matija Sudic
Mladen Marinovic
Rutenberg Daniel
Ruzica Karajovic Ibrocic
Slavko Mezdjic
Tajana Nasic
Vladimir Meglic
Goran Fruk
Nighel Mayglothing



Awards



| | Achievement | Competition category | Title for winner |
|---------------------|---|---|--------------------------------|
| Cups | 1 st , 2 nd , 3 rd | Eights | European Universities Champion |
| Medals | 1 st , 2 nd , 3 rd | Eights (athletes, officials) All other categories (athletes) | European Universities Champion |
| Other awards | Salver | All categories | Best NUSA |



Protests

The HoD or authorized by him representative of team may protest on behalf of competitors or team. Each protest shall be accompanied by a deposit two hundred (200) EUR. If the protest is upheld, the fee will be returned.

The protests shall be submitted:

- within twenty (20) minutes after the end of the match to the EUSA Technical Delegate for the match issues,
- before the start of next competition day on published results to the EUSA Technical Delegate for the published issues,

- during the competition to the EUG Competition Commission for technical issues,
- during the competition to the SCAC for non-technical issues,
- within seven (7) days after the EUG to the EUSA Executive Committee for the EUG issues.

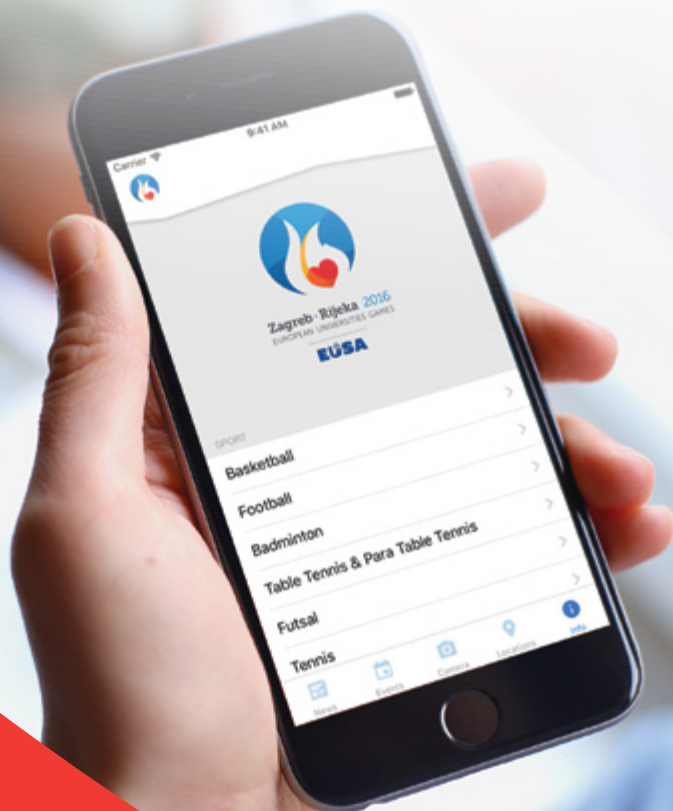
Protests on referee decisions are not allowed, if it is not regulated differently in the ESF/ISF Regulations of the respective sport.

The submission of the protest can be submitted also in the Resolution desk, at the EUG Headquarter.



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Results



The results will be available on the official EUG2016 website (www.eug2016.com) and **EUG2016 mobile application**. You can download the App from the App Store for iPhone or from Google Play for Android. Results will be published at the campus Info desk as well.





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♥ heart believes
● mind achieves



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